

Recommended study schedule

How to use the recommended study schedule:

Pick one of the 2 suggested schedules, the one which fits best your weekly routine and try to stick to it until the course is completed, especially if you've chosen to receive feedbacks. This will help you in building consistency.

Plan every week the time you're going to dedicate to the course and complete the suggested classes as per indicated time per week. The given time refers both to studying the video tutorials and to your personal practice.

Revise all the fresh learnt material at least once before recording videos for the assessments.

Keep practicing what you've learnt in the previous classes for all the duration of the course.

Fast Pace (suggested for students with previous experience of Odissi)

Course duration: 4 weeks

Commitment: 2 hrs/week + 3 assessments and feedbacks

| WEEK 1 | WEEK 2 | After completing week 2 |
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| Lesson 1 Lesson 2 | Lesson 3 Lesson 4 | Submit 1st assessment and receive feedback from the teacher (optional) |

| WEEK 3 | After completing week 3 | WEEK 4 | After completing week 4 |
|----------------------|--|------------|---|
| Lesson 5 Lesson 6 | Submit 2nd assessment and receive feedback from the teacher (optional) | Full dance | Submit last assessment and receive feedback from the teacher (optional) |

Slow Pace

Course duration: 7 weeks

Commitment: 1 hr/week + 3 assessments and feedbacks

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|-----------------|-----------------|---|-------------------|--|
| WEEK 1 | WEEK 2 | After completing week 2 | WEEK 3 | WEEK 4 |
| Lesson 1 | Lesson 2 | Submit 1st assessment and receive feedback from the teacher (optional) | Lesson 3 | Lesson 4 |
| WEEK 5 | WEEK 6 | After completing week 6 | WEEK 7 | After completing week 7 |
| Lesson 5 | Lesson 6 | Submit 2nd assessment and receive feedback from the teacher (optional) | Full dance | Submit last assessment and receive feedback from the teacher (optional) |

Submitting the assessments is an option and not mandatory to complete the course. You may choose this option if you would like to get personal corrections to enhance your personal practice or if you wish to receive the music of the choreography to download. You'll find detailed instructions for the assessments in a dedicated area of the course.